

# Pediatric Patient Questionnaire

## CONFIDENTIAL PATIENT INFORMATION

Child's Name:	Parent/Guardian Name(s):		
Street Address:	City:	State:	Zip:
Cell Phone:    -    -	Home Phone:    -    -	Work Phone:    -    -	
Email:	Child's SS #:    -    -	Birthdate:    /    /	Age:
How did you hear about us?		Height:    ft.    in.	Weight:    lbs.
Who is your primary care physician?			
Is your child receiving care from any other health professionals? <input type="radio"/> Yes <input type="radio"/> No			
- If yes, please name them and their specialty:			
Please list any drugs/medications/vitamins/herbs/other that your child is taking:			

## CURRENT HEALTH CONDITIONS

What health condition(s) bring your child to be evaluated by a chiropractor?

When did the condition first begin? \_\_\_\_\_ How did the problem start? ☐ Suddenly ☐ Gradually ☐ Post-Injury

Has your child ever received care for this condition before? ☐ Yes ☐ No

- If yes, please explain: \_\_\_\_\_

Is this condition: ☐ Getting worse ☐ Improving ☐ Intermittent ☐ Constant ☐ Unsure

What makes the problem better? \_\_\_\_\_ What makes the problem worse? \_\_\_\_\_

## HEALTH GOALS FOR YOUR CHILD

What are your top three health goals for your child:	What would you like to gain from chiropractic care?
1. _____	<input type="radio"/> Resolve existing condition
2. _____	<input type="radio"/> Overall wellness
3. _____	<input type="radio"/> Both
Have you ever visited a chiropractor? <input type="radio"/> Yes <input type="radio"/> No If yes, what is their name? _____	
What is their specialty? <input type="radio"/> Pain Relief <input type="radio"/> Physical Therapy & Rehab <input type="radio"/> Nutritional <input type="radio"/> Subluxation-based <input type="radio"/> Other: _____	

## PREGNANCY & FERTILITY HISTORY

Please tell us about your pregnancy

Any fertility issues? ☐ Yes ☐ No If yes, please explain: \_\_\_\_\_

Did mother smoke? ☐ Yes ☐ No If yes, how many per week? \_\_\_\_\_

Did mother drink? ☐ Yes ☐ No If yes, how many per week? \_\_\_\_\_

Did mother exercise? ☐ Yes ☐ No If yes, please explain: \_\_\_\_\_

Was mother ill? ☐ Yes ☐ No If yes, please explain: \_\_\_\_\_

Any ultrasounds? ☐ Yes ☐ No If yes, please explain: \_\_\_\_\_

Please explain any notable episodes of mental or physical stress during your pregnancy: \_\_\_\_\_

Please explain any other concerns or notable remarks about your child's conception or pregnancy: \_\_\_\_\_

## LABOR & DELIVERY HISTORY

Child's birth was: ☐ Natural vaginal birth ☐ Scheduled C-section ☐ Emergency C-section At how many week's was your child born?

Child's birth was: ☐ At home ☐ At a birthing center ☐ At a hospital ☐ Other: Doctor/Obstetrician's Name:

Please check any applicable interventions or complications:

☐ Breech ☐ Induction ☐ Pain meds ☐ Epidural ☐ Episiotomy ☐ Vacuum extraction ☐ Forceps ☐ Other

Please describe any other concerns or notable remarks about your child's labor and/or delivery.

Child's birth weight: lbs. oz. Child's birth height: in. APGAR score at birth: APGAR score after 5 minutes:

## GROWTH & DEVELOPMENT HISTORY

Is/was your child breastfed? ☐ Yes ☐ No If yes, how long? Difficulty with breastfeeding? ☐ Yes ☐ No

Did they ever use formula? ☐ Yes ☐ No If yes, at what age? If yes, what type?

Did/does your child ever suffer from colic, reflux, or constipation as an infant? ☐ Yes ☐ No

- If yes, please explain:

Did/does your child frequently arch their neck/back, feel stiff, or bang their head? ☐ Yes ☐ No

- If yes, please explain:

At what age did the child: Respond to sound: \_\_\_\_\_ Follow an object: \_\_\_\_\_ Hold their head up: \_\_\_\_\_ Vocalize: \_\_\_\_\_ Teethe: \_\_\_\_\_  
Sit alone: \_\_\_\_\_ Crawl: \_\_\_\_\_ Walk: \_\_\_\_\_ Begin cow's milk: \_\_\_\_\_ Begin solid foods: \_\_\_\_\_

Please list any food intolerance or allergies, and when they began:

Please list your child's hospitalization and surgical history, including the year:

Please list any major injuries, accidents, falls and/or fractures your child has sustained in his/her lifetime, including the year:

Have you chosen to vaccinate your child? ☐ No ☐ Yes, on a delayed or selective schedule ☐ Yes, on schedule

- If yes, please list any vaccination reactions:

Has your child received any antibiotics? ☐ Yes ☐ No

- If yes, how many times and list reason:

Night terrors or difficulty sleeping? ☐ Yes ☐ No If yes, please explain:

Behavioral, social or emotional issues? ☐ Yes ☐ No If yes, please explain:

How many hours per day does your child typically spend watching a TV, computer, tablet or phone?

How would you describe your child's diet? ☐ Mostly whole, organic foods ☐ Pretty average ☐ High amount of processed foods

## ACKNOWLEDGEMENT & CONSENT

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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# Patient Review of Systems

THE NERVOUS SYSTEM CONTROLS AND COORDINATES ALL ORGANS AND STRUCTURES OF THE HUMAN BODY

Please check the corresponding boxes for each symptom or condition you have experienced – including both past and present.

REGIONS	FUNCTIONS	SYMPTOMS			
		PAST PRESENT	PAST PRESENT		
<b>Cervical</b>	• Autonomic Nervous System	<input type="checkbox"/> <input type="checkbox"/>	Colic & Excessive Crying	<input type="checkbox"/> <input type="checkbox"/>	Epilepsy & Seizures
	• ENT System	<input type="checkbox"/> <input type="checkbox"/>	Ear & Sinus Infections	<input type="checkbox"/> <input type="checkbox"/>	Sensory & Spectrum
	• Vision, Balance & Coordination	<input type="checkbox"/> <input type="checkbox"/>	Allergies & Congestion	<input type="checkbox"/> <input type="checkbox"/>	ADD / ADHD
	• Speech	<input type="checkbox"/> <input type="checkbox"/>	Immune Deficiency	<input type="checkbox"/> <input type="checkbox"/>	Focus & Memory Issues
	• Immune System	<input type="checkbox"/> <input type="checkbox"/>	Headaches & Migraines	<input type="checkbox"/> <input type="checkbox"/>	Anxiety & Stress
	• Digestive System	<input type="checkbox"/> <input type="checkbox"/>	Vertigo & Dizziness	<input type="checkbox"/> <input type="checkbox"/>	Balance & Coordination
	• Nerve Supply to Shoulders, Arms & Hands	<input type="checkbox"/> <input type="checkbox"/>	Sore Throat & Strep	<input type="checkbox"/> <input type="checkbox"/>	Speech Issues
	• Sympathetic Nucleus	<input type="checkbox"/> <input type="checkbox"/>	Swollen Tonsils & Adenoids	<input type="checkbox"/> <input type="checkbox"/>	TMJ / Jaw Pain
	• Metabolism	<input type="checkbox"/> <input type="checkbox"/>	Vision & Hearing Issues	<input type="checkbox"/> <input type="checkbox"/>	Stiff Neck & Shoulders
			<input type="checkbox"/> <input type="checkbox"/>	Low Energy & Fatigue	<input type="checkbox"/> <input type="checkbox"/>
		<input type="checkbox"/> <input type="checkbox"/>	Difficulty Sleeping	<input type="checkbox"/> <input type="checkbox"/>	High Blood Pressure
		<input type="checkbox"/> <input type="checkbox"/>	Pain, Numbness & Tingling in Arms to Hands	<input type="checkbox"/> <input type="checkbox"/>	Poor Metabolism & Weight Control
<b>Upper Thoracic</b>	• Upper G.I.	<input type="checkbox"/> <input type="checkbox"/>	Reflux / GERD	<input type="checkbox"/> <input type="checkbox"/>	Bronchitis & Pneumonia
	• Respiratory System	<input type="checkbox"/> <input type="checkbox"/>	Chronic Colds & Cough	<input type="checkbox"/> <input type="checkbox"/>	Functional Heart Conditions
	• Cardiac Function	<input type="checkbox"/> <input type="checkbox"/>	Asthma		
<b>Mid Thoracic</b>	• Major Digestive Center	<input type="checkbox"/> <input type="checkbox"/>	Gallbladder Pain / Issues	<input type="checkbox"/> <input type="checkbox"/>	Indigestion & Heartburn
	• Detox & Immunity	<input type="checkbox"/> <input type="checkbox"/>	Jaundice	<input type="checkbox"/> <input type="checkbox"/>	Stomach Pains & Ulcers
		<input type="checkbox"/> <input type="checkbox"/>	Fever	<input type="checkbox"/> <input type="checkbox"/>	Blood Sugar Problems
<b>Lower Thoracic</b>	• Stress Response	<input type="checkbox"/> <input type="checkbox"/>	Behavior Issues	<input type="checkbox"/> <input type="checkbox"/>	Allergies & Eczema
	• Filtration & Elimination	<input type="checkbox"/> <input type="checkbox"/>	Hyperactivity	<input type="checkbox"/> <input type="checkbox"/>	Skin Conditions / Rash
	• Gut & Digestion	<input type="checkbox"/> <input type="checkbox"/>	Chronic Fatigue	<input type="checkbox"/> <input type="checkbox"/>	Kidney Problems
	• Hormonal Control	<input type="checkbox"/> <input type="checkbox"/>	Chronic Stress	<input type="checkbox"/> <input type="checkbox"/>	Gas Pain & Bloating
<b>Lumbar, Sacrum &amp; Pelvis</b>	• Lower G.I. (Absorption & Motility)	<input type="checkbox"/> <input type="checkbox"/>	Constipation	<input type="checkbox"/> <input type="checkbox"/>	Sciatica & Radiating Pain
		<input type="checkbox"/> <input type="checkbox"/>	Chrohn's, Colitis & IBS	<input type="checkbox"/> <input type="checkbox"/>	Lumbopelvic / SI Joint Pain
	• Gut-Immune System	<input type="checkbox"/> <input type="checkbox"/>	Diarrhea	<input type="checkbox"/> <input type="checkbox"/>	Hamstring Tightness
	• Major Hormonal Control	<input type="checkbox"/> <input type="checkbox"/>	Bed-wetting	<input type="checkbox"/> <input type="checkbox"/>	Disc Degeneration
		<input type="checkbox"/> <input type="checkbox"/>	Bladder & Urination Issues	<input type="checkbox"/> <input type="checkbox"/>	Leg Weakness & Cramps
		<input type="checkbox"/> <input type="checkbox"/>	Cramps & Menstrual Issues	<input type="checkbox"/> <input type="checkbox"/>	Poor Circulation & Cold Feet
		<input type="checkbox"/> <input type="checkbox"/>	Cysts & Endometriosis	<input type="checkbox"/> <input type="checkbox"/>	Knee, Ankle & Foot Pain
		<input type="checkbox"/> <input type="checkbox"/>	Infertility	<input type="checkbox"/> <input type="checkbox"/>	Weak Ankles & Arches
		<input type="checkbox"/> <input type="checkbox"/>	Impotency	<input type="checkbox"/> <input type="checkbox"/>	Lower Back Pain
		<input type="checkbox"/> <input type="checkbox"/>	Hemorrhoids	<input type="checkbox"/> <input type="checkbox"/>	Gluten & Casein Intolerance

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Struggle Survey

Tell us about your struggles, whether they be pain related (headaches, back pain, neck pain, wrist/ankle pain, etc.) or functional (digestion, energy, ADD/ADHD, vertigo, sleep, etc.) you have been experiencing. If you are truly here for wellness and haven't had any struggles in the last month please check this box. ☐

Struggle 1: \_\_\_\_\_  
Severity:(no issue) 0 1 2 3 4 5 6 7 8 9 10 (big issue) Progression: same better worse  
Impact on life: mild mod severe Frequency: < 25% 25-50% 50-75% >75%  
When did you notice the problem? \_\_\_\_\_ How did it start? \_\_\_\_\_  
Better with: rest motion ice heat meds topicals massage chiropractic other: \_\_\_\_\_  
Worse with: bending movement lifting walking sit stand lying stress other: \_\_\_\_\_  
Feels like? sharp shooting dull ache burning stiff stabbing throbbing numb sore  
Does it travel? (to arms, legs, etc.) Yes No If yes, where? \_\_\_\_\_  
What time of day is it worst? morning afternoon evening falling asleep while sleeping  
What treatment(s) have you received? PT surgery injection chiropractic acupuncture Helpful? Yes No

Struggle 2: \_\_\_\_\_  
Severity:(no issue) 0 1 2 3 4 5 6 7 8 9 10 (big issue) Progression: same better worse  
Impact on life: mild mod severe Frequency: < 25% 25-50% 50-75% >75%  
When did you notice the problem? \_\_\_\_\_ How did it start? \_\_\_\_\_  
Better with: rest motion ice heat meds topicals massage chiropractic other: \_\_\_\_\_  
Worse with: bending movement lifting walking sit stand lying stress other: \_\_\_\_\_  
Feels like? sharp shooting dull ache burning stiff stabbing throbbing numb sore  
Does it travel? (to arms, legs, etc.) Yes No If yes, where? \_\_\_\_\_  
What time of day is it worst? morning afternoon evening falling asleep while sleeping  
What treatment(s) have you received? PT surgery injection chiropractic acupuncture Helpful? Yes No

Struggle 3: \_\_\_\_\_  
Severity:(no issue) 0 1 2 3 4 5 6 7 8 9 10 (big issue) Progression: same better worse  
Impact on life: mild mod severe Frequency: < 25% 25-50% 50-75% >75%  
When did you notice the problem? \_\_\_\_\_ How did it start? \_\_\_\_\_  
Better with: rest motion ice heat meds topicals massage chiropractic other: \_\_\_\_\_  
Worse with: bending movement lifting walking sit stand lying stress other: \_\_\_\_\_  
Feels like? sharp shooting dull ache burning stiff stabbing throbbing numb sore  
Does it travel? (to arms, legs, etc.) Yes No If yes, where? \_\_\_\_\_  
What time of day is it worst? morning afternoon evening falling asleep while sleeping  
What treatment(s) have you received? PT surgery injection chiropractic acupuncture Helpful? Yes No

\*\*For additional struggles, please fill out another "Struggle Survey" form to submit or write on the back of this page.

## Contact Information Changes

If any of your contact information has changed please provide the new information below.

Address: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ E-mail Address: \_\_\_\_\_  
Contact Preference: Phone E-mail Text Form delivery: E-mail Mail In person  
Any changes to your insurance information? Yes No If yes, please supply us with your new insurance card.

# Terms of Acceptance

The goal of our office is to enable patient to gain control of their health. To attain this we believe communication is the key. There are often topics that are hard to understand and we hope this document will clarify those issues for you. Please read below and if you have any questions please feel free to ask one of our staff members.

## **INFORMED CONSENT**

A patient, in coming to the chiropractic physician, gives the doctor permission and authority to care for the patient in accordance with the chiropractic tests, diagnosis and analysis. The chiropractic adjustment or other clinical procedures are usually beneficial and seldom cause any problems. In rare cases, underlying physical defects, deformities or pathologies may render the patient susceptible to injury. The doctor, of course, will not give any treatment or care if she is aware that such care may be contra-indicated. Again, it is the responsibility of the patient to make it known, or to learn through healthcare procedures whatever he/she is suffering from a latent pathological defect, illnesses or deformities which would otherwise not come to the attention of the chiropractic physician. The chiropractor provides a specialized, non-duplicating health care service. Your doctor of chiropractic is licensed in a special practice and is available to work with other types of providers in your health care regimen. I understand that if I am accepted as a patient by a chiropractor at Heartland Family chiropractic, I am authorizing them to proceed with any treatment that may be necessary. Furthermore, any risk involved regarding chiropractic treatment, will be explained to me upon my request. It is understood and agreed that the amount paid to the doctor for x-rays are for examination only and the x-ray negatives will remain the property of this office, being on file where they may be seen at any time while a patient of this office.

## **LEGAL ASSIGNMENT OF BENEFITS AND RELEASE OF MEDICAL AND PLAN DOCUMENTS**

I authorize the chiropractor to release any information including the diagnosis and the records of any treatment or examination rendered to me or my child during the period of such chiropractic care to third party payers and/or health practitioners. I authorize and request my insurance company to pay directly to the chiropractor or chiropractic group insurance benefits otherwise payable to me. I understand that my chiropractic insurance carrier may pay less than the actual bill for services. I agree to be responsible for payment of all services rendered on my or my dependents behalf in full or according to insured contractual agreement. I authorize the chiropractor to release any information including the diagnosis and records of any treatment or examination rendered to me or my child during the period of such chiropractic care to third party payers and/or health practitioners. This assignment will remain in effect until revoked by me in writing. A photocopy of this assignment is to be considered as valid as the original.

## **ACKNOWLEDGMENT**

I have reviewed the notice of privacy practices (HIPPA) and have been provided an opportunity to discuss my right to privacy. Upon request I will be given a copy.

## **COMMUNICATION**

May we leave messages on any answering device, i.e. home answering machines or voicemails?    Yes    No

## **MISSED APPOINTMENTS**

There is a possible \$25 fee charged for all appointments that are not cancelled prior to scheduled visit.

I, \_\_\_\_\_, have read and fully understand the above statements. I hereby attest that the information and health history I have provided is complete and accurate. I understand the importance of providing a truthful health history in order to assist the doctor in providing the best chiropractic care possible.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **CONSENT TO TREAT A MINOR**

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_